



# Spring/Summer

## Menu 2025

Introducing our Spring/Summer School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients where possible!

### Did you know?

We have listened to **recent parent feedback** and refreshed a couple of Monday and Friday options to ensure variety.

**All** new recipes and products have been trialled in schools with our young customers and kitchen teams.

All sauces are **homemade** and many dishes include **added vegetables** to support healthy diets.

Two desserts a week contain **50% fruit**.

Contact us if you would like to know more about our dishes **or** would like any of our recipes!

A full allergen list for this menu can be found on our website [www.norsecatering.co.uk](http://www.norsecatering.co.uk)  
Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school

If you think your child/children may be eligible for a **FREE** school meal visit [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)



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|                 | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|-----------------|---|--|--|---|--|
| Hot Option 1    | Margherita Pizza with Tomato Pasta (v)                          | Sweet and Sour Chicken with Noodles                                  | Roast Chicken with Stuffing, Roast Potatoes and Gravy              | Sausage Pastry Pinwheel with Potato Wedges                          | Fish Fingers and Chips   |
| Hot Option 2    | Sweet Potato and Lentil Curry with Steamed Rice (v)             | Cheese and Tomato Pasta Bake (v)                                     | Lentil Roast with Roast Potatoes and Gravy (v)                     | Plant Sausage Pastry Pinwheel with Potato Wedges (v)                | Garden Vegetable Goujons with Chips (v)                            |
| Jacket Potato   | Jacket Potato with Cheese and/or Beans                          | Jacket Potato with Cheese and/or Beans                               | Jacket Potato with Cheese and/or Beans                             | Jacket Potato with Cheese and/or Beans                              | Jacket Potato with Cheese and/or Beans                             |
| Served with     | Sweetcorn   | Mixed Vegetables   | Carrots and Green Beans  | Mixed Salad   | Peas or Baked Beans  |
| And for Pudding | Vanilla Cupcake   | Beetroot Brownie   | Flapjack with Orange Wedges  | Fruit Jelly   | Shortbread Biscuit   |
| Packed Lunch    | Ham or Cheese Sandwich, Salad Sticks, Sultanas, Vanilla Cupcake | Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Beetroot Brownie | Cheese and Tomato Pasta Pot, Salad Sticks, Orange Wedges, Flapjack | Cheese and Tomato Pasta Pot, Fruit Bread, Salad Sticks, Fruit Jelly | Ham or Cheese Sandwich, Salad Sticks, Sultanas, Shortbread Biscuit |

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct — Fresh Fruit Available Daily



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|                 | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|-----------------|--|---|--|---|---|
| Hot Option 1    | Cheesy Pasta (v)   | BBQ Chicken with Steamed Rice                               | Roast Chicken with Stuffing, Mashed Potato and Gravy                             | Pork and Carrot Meatballs in Tomato Sauce with Potato Wedges                          | Chicken Fillet Bites and Chips                                      |
| Hot Option 2    | Sweet and Sour Plant Balls with Steamed Rice (v)               | Cheese and Tomato Pasta Bake (v)                            | Vegemince Cottage Pie (v)  | Plant Sausages in Tomato Sauce with Potato Wedges (v)                                 | Vegetarian Enchilada and Chips (v)                                  |
| Jacket Potato   | Jacket Potato with Cheese and/or Beans                         | Jacket Potato with Cheese and/or Beans                      | Jacket Potato with Cheese and/or Beans   | Jacket Potato with Cheese and/or Beans  | Jacket Potato with Cheese and/or Beans                              |
| Served with     | Mixed Vegetables   | Sweetcorn   | Peas and Carrots   | Mixed Salad   | Peas or Baked Beans   |
| And for Pudding | Orange Cupcake   | Oaty Cookie   | Toffee Cream Shortcake   | Summer Berry and Apple Slice  | Cocoa Shortbread with a Melon Wedge                                 |
| Packed Lunch    | Ham or Cheese Sandwich, Salad Sticks, Sultanas, Orange Cupcake | Ham or Cheese Sandwich, Sultanas, Salad Sticks, Oaty Cookie | Cheese and Tomato Pasta Pot, Salad Sticks, Fruit Portion, Toffee Cream Shortcake | Cheese and Tomato Pasta Pot, Fruit Bread, Fruit Portion, Summer Berry and Apple Slice | Ham or Cheese Sandwich, Salad Sticks, Melon Wedge, Cocoa Shortbread |

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct — Fresh Fruit Available Daily



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|                 | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|-----------------|---|---|--|--|--|
| Hot Option 1    | Cheese and Tomato Pizza Swirl with Potato Wedges (v)              | Lasagne (Pork and Lentil) with Garlic Bread                           | Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy | Breaded Chicken, Lettuce and Mayo in a Wrap with Steamed Rice          | Fish Fingers and Chips   |
| Hot Option 2    | Vegemince Bolognese with Pasta (v)                                | Loaded Bean Bake with Garlic Bread (v)                                | Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v) | Tomato and Courgette Frittata with Potato Wedges (v)                   | Cheese and Potato Pastry Pinwheel and Chips (v)                        |
| Jacket Potato   | Jacket Potato with Cheese and/or Beans                            | Jacket Potato with Cheese and/or Beans                                | Jacket Potato with Cheese and/or Beans                             | Jacket Potato with Cheese and/or Beans                                 | Jacket Potato with Cheese and/or Beans                                 |
| Served with     | Peas and Sweetcorn  | Mixed Salad   | Cabbage and Carrots  | Crunchy Salad Sticks   | Peas or Baked Beans  |
| And for Pudding | Blueberry Cupcake   | Vanilla Ice Cream   | Carrot Cake  | Cocoa Oatcake with Orange Wedges                                       | Vanilla Crunch Bar with Apple Wedges                                   |
| Packed Lunch    | Ham or Cheese Sandwich, Salad Sticks, Sultanas, Blueberry Cupcake | Ham or Cheese Sandwich, Pizza Finger, Salad Sticks, Vanilla Ice Cream | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas, Carrot Cake   | Cheese and Tomato Pasta Pot, Fruit Bread, Orange Wedges, Cocoa Oatcake | Ham or Cheese Sandwich, Salad Sticks, Apple Wedges, Vanilla Crunch Bar |

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct — Fresh Fruit Available Daily